Class Slots Teams	8:00am-9:30am	9:40am-11: 10am	11:20am-12: 50pm	1:00pm-2:30pm	2:40pm-4:10pm	1:00pm-4: 00pm	4:20pm-5: 50pm	6:00pm-7: 30pm	6:00pm-8: 00pm	6:00pm-9: 00pm	7:40pm-9:10pm
Baseball											
M. Golf	MON-WEDS		ONLY FRI	ONLY FRI	ONLY FRI	ONLY FRI					
M. Lacrosse											
M. Tennis											
M. Water Polo											
Swim & Dive	See notes below										
Bowling	TUESDAY & THURSDA	YONLY									
Fencing								THURS ONLY	THURS ONLY	THURS ONLY	THURS ONLY
Field Hockey											
W. Golf				ONLY MON/FRI	ONLY MON/FRI	ONLY MON/FRI	ONLY MON/FRI				
W. Lacrosse											
Soccer							ONLY ON FRI	ONLY ON FRI			
Softball											
W. Tennis											
Triathlon	See notes below										
W. Water Polo											
Football										Practice ends at 6:30pm	
W. Basketball											
M. Basketball											
Track & Field	DISTANCE RUNNERS & JUMPERS			DISTANCE	DISTANCE	DISTANCE	THROWERS				
NOTES											
	Manday	7 44000									
Triathlon	Monday	7-11am									
	Tuesday	10:30-11:30am; 4:30-5:30pm									
	Wednesday	7-9am; 1-2pm									
	Thursday	7:30-8:30am; 10:30-11:30am									
	Friday	10:30-11:30am; 12-2pm									
Swim & Dive	Monday-Thursday										
	Morning: 5:30-7am - students required to attend 2 of these sessions a week										
		22 3 4 6 3 4 6									
	Afternoon										
	1pm - 4:30pm - this time frame is split into two groups. Student-athletes are only required to attend one session (either group 1 or group 2) every day.										
	1pm - 2:45pm - group 1										
	2:45-4:30pm - group 2										
	Friday	12-4pm									