

Class Slots Teams	8:00am-9:30am	9:40am-11: 10am	11:20am-12: 50pm	1:00pm-2:30pm	2:40pm-4:10pm	1:00pm-4: 00pm	4:20pm-5: 50pm	6:00pm-7: 30pm	6:00pm-8: 00pm	6:00pm-9: 00pm	7:40pm-9:10pm
Baseball											
M. Golf											
M. Lacrosse											
M. Tennis											
M. Water Polo											
Swim & Dive				See notes below							
Bowling		Only on Mondays & Wednesdays									
Fencing								Only Thursdays. Only Thursdays. Only Thursdays. Only Thursdays			
Field Hockey											
W. Golf											
W. Lacrosse											
Soccer											
Softball											
W. Tennis											
Cheer											
W. Water Polo											
Football											
W. Basketball											
M. Basketball											
Track & Field	Runners						Throwers				
NOTES:											
Swim & Dive											
Monday - Thursday	Full team: 6am-8am; CHOICE OF 1pm-2: 20pm practice OR 2: 20pm-3:40pm	Swim student - athletes are able to pick which 2nd practice of the day they will attend									
Friday	Women 12pm-2pm; Men 2pm-4pm	Lift is 8am-9am									