NEED HELP COPING WITH COVID-19?



If you need support coping with the challenges and emotions of COVID-19 we can help. **New Horizon Counseling Center** is now a provider of **NY Project Hope**, New York State's COVID-19 crisis counseling program. You can receive free, confidential, and anonymous emotional support today.

From coping tips to helpful resources, **New Horizon Counseling Center** has teamed up with **NY Project Hope**, New York State's COVID-19 crisis counseling program to support NYC, Nassau & Suffolk county residents as we cope with COVID-19.

To Learn More:

Call: 855-818-HOPE (4673)

Or visit: www.nhcc.us

NY Project Hope

Coping with COVID

A program of the NYS Office of Mental Health Funded by FEMA





